appelizers



kalua pork quesadilla 12.95

coconut porter bbg sauce, cilantro lime aioli, spiced mango chutney

crab cakes 15.95

tropical fruit relish, thai curry butter sauce. asian peanut slaw

peruvian pork or fish tacos pork 5.95/

fish 6.95

tropical fruit, black bean and corn salsa, spicy sriracha aioli, sour cream, lettuce, peruvian anticucho sauce

coconut crusted shrimp 12.95

asian peanut slaw, chipotle fruit relish

sweet & spicy lettuce wraps 11.95

ground turkey, haiku tomatoes, romaine lettuce, fresh herbs, thai chili kaffir lime sauce

kalua pork nachos 13.95

house made trio of chips, tomato, thai basil guacamole, pepperjack, truffle-lime aioli

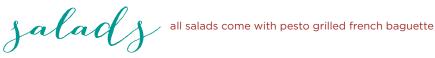


panko crusted ahi roll 15.00

avocado, cucumber, thai curry beurre blanc, unagi glaze, tobiko, sesame seeds

three's wings 4 for 5.95/8 for 9.95/12 for 14.95

homemade mango habanero or honey chipotle



ocean mahi mahi salad 14.95

kula mixed greens, maui vegetables, lilikoi vinaigrette, fresh ogo, feta cheese

tropical coconut shrimp salad 14.95

kula greens, pineapple, mango, avocado, tomatoes, smoked chili vinaigrette, candied macadamia nuts

three's chicken caesar 13.95

hearts of romaine, sesame garlic croutons, shaved parmesan



mediterranean whole wheat flat bread salad 12.95

hummus, grecian salad, feta cheese, fresh cracked pepper

spinach strawberry steak salad 15.95

blue cheese, candied macadamia nuts, shaved red onion. sesame raspberry vinaigrette, fresh strawberries

January all sandwiches come with your choice of house cut fries or caesar salad

kalua pork sandwich with peanut-ginger pineapple slaw 13.95

served on a fresh baked bun with coconut porter bbg sauce

macadamia nut chicken sandwich 14.95

papaya salsa, lettuce, onion and tomato, served on a fresh baked bun

coconut crusted fish sandwich 14.95

served on a fresh baked bun with cilantro and lime aioli. peanut-ginger pineapple slaw

three's blt 11.95

applewood smoked bacon, tomato, lettuce, thai basil guacamole, macadamia nut basil pesto



big island natural beef burger 14.50 big island 8oz char grilled beef patty, lettuce, tomato,

onion, hand-cut fries, housemade kim chee pickle

add on cheeses .85 ea

cheddar, pepperjack, swiss or blue cheese

add-on fixings .95 ea

bacon, sauteéd mushrooms, thai basil guacamole, chargrilled pineapple or roasted jalapeños



fresh island fish 9.95

curry and lemongrass marinade, cucumber madadamia nut relish, japanese sticky rice, thai chili beurre blanc

recommended: "j" pinot gris

deluxe hawaiian loco moco 13.95

char grilled 8oz big island natural beef burger, two eggs any style, crispy maui onion rings, japanese rice, smothered with wild mushroom gravy and apple smoked bacon ragout

recommended: bishops pinot noir

beer battered fish and chips 13.95

tempura battered, homemade tarter sauce, peanut-ginger pineapple slaw

recommended: 4 bears chardonnay

hawaiian style ribs 12.95 three's dry rub, guava-chipotle bbq sauce, japanese sticky rice, peanut asian slaw

recommended: velvet devil merlot

macadamia nut crusted chicken breast 14.95

lilikoi buerre blanc, big island papaya salsa, japanese sticky rice

recommended: sancerre sauvignon blanc

kauai shrimp penne pasta 17.95

macadamia pesto, grilled vegetables, kula greens, feta cheese, lemon

recommended: sancerre sauvignon blanc

steak frittes 17.95

6oz. flat iron steak, hand cut fries, mushroom bacon ragout

recommended: hawaiian beer sampler